



November 2017

Lunch Menu



Condiments include: Ranch, Ketchup, Mustard, BBQ. Menus subject to change

Mon	Tue	Wed	Thu	Fri
6 BBQ Pork WG Bun Potato Coleslaw Oranges Milk	7 Burrito Mixed Greens Refried Beans Salsa & Sour Cream WG Roll (9-12) Peaches Milk	8 Chicken Veggie Rice Bowl Steamed Broccoli Local Yogurt Pineapple Milk	9 Grilled Cheese Fiesta Beans & Rice Fresh Carrots Strawberries Milk	10 Lasagna Lettuce Salad WG Breadstick Peas 1/2 Apple Milk
13 Chicken Alfredo WG Roll Broccoli Carrots 1/2 Apple Milk	14 Hamburger WG Bun Cheese Slice Potato Wedges Baked Beans Onions Applesauce Milk	15 Taco Salad WG Tortilla Chips Mixed Greens Black Bean Salsa Mixed Fruit Milk	16 Glazed Chicken WG Bun Potato Smiles California Blend Pears & Kiwi Milk	17 Roasted Turkey & Gravy Mashed Potatoes WG Stuffing WG Roll Green Beans Baked Apples Milk
20 Deli Sub Corn Carrots Rice (9-12) Apple Milk	21 Goulash WG Roll Broccoli & Cauliflower Strawberries & Blueberries Milk	22 Pork Patty WG Roll Mashed Potatoes Baked Beans Mandarin Oranges Milk 3 Hour Early Out	23 No School 	24 No School
27 Spaghetti WG Breadstick Green Beans Orange Slices Milk	28 Chicken Sweet Potato Fries WG Roll Peas Hot Apples Milk	29 Chicken Fajita WG Tortilla Shell Mixed Greens Black Bean Salsa Pineapple Milk	30 Chili Cornbread Coleslaw Crackers Banana Milk	Dec 1 Pizza Salad Corn Peaches/Pears Milk

This institution is an equal opportunity provider.